

An Analytic Form, Behavioral Health Methodology, Per Situation At Any Time

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Individual:

Situation:

Date Of Event:

Date Of This Record:

Who Is Filling This Out: __ Individual __ Professional __ Observer __ Other

Tag or Keywords:

Consider these elements, before one:

__ Event _____.

__ Action _____.

__ Behavior _____.

__ Protocol _____.

__ Reason _____.

__ Situation _____.

__ Factors _____.

__ Label _____.

__ To Solve _____.

__ To Explain _____.

__ To _____.

__ Is Right: _____.

__ Violations _____.

Analytic Tip:

Apply this to each person in the environment, things arising at once, during some interval. Then, during multiple intervals. The team and/or individual can then stack these completed forms to get a “view” into a sequence of events.

This includes a day or time of event A, B, C, now, past, present, future.

This can be used at any time for any sound reason, for everyday or otherwise significant events.

It should be used immediately and during the first week of a psychiatric commitment, which is, ideally and rights-based, an analysis in-control-but-maneuverability-equitability phase, and ongoing assessment and treatment, if applicable. It would coolly yet compassionately (for all involved) get things on the table, multiple views from the various participants, and in a just and equitable manner, used for various such purposes. This then would become part of the individual’s chart, that he or she or subsequent treatment teams can access and use to benefit. We want facts and evidence and positionality and their integration or explanation on the table.

This document should be used as a practical, source-information form, for any event one may want, and for a psych unit (mental health psych unit) commitment. Such documentation is necessary to accomplish an actual, mapped, just, all-points considered place and assessment, treatment if required, and record. One could also use it as a record for a journal approach to various categories of events one may find oneself encountering, to reflect or record or journal about any life sequence one may find helpful and beneficial. This could include the everyday, significant, and other events; and may include an analytic or spiritual or philosophic component. Enjoy!